

Ali S. Malik, D.O., D.A.O.B.P.M.R., M.S.B.E.

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Postgraduate Training

- 08/15 – 07/16 **Interventional Spine and Sports Medicine Fellowship**
Icahn School of Medicine at Mount Sinai, New York, NY
Mount Sinai Health System, New York, NY
- 07/14 – 06/15 **Chief Resident of Physical Medicine and Rehabilitation**
Nova Southeastern University, Fort Lauderdale, FL
Larkin Community Hospital, South Miami, FL
- 07/12 – 06/14 **Physical Medicine and Rehabilitation Residency**
Nova Southeastern University, Fort Lauderdale, FL
Larkin Community Hospital, South Miami, FL
- 07/11 – 06/12 **Traditional Rotating Osteopathic Internship**
University of Medicine and Dentistry of New Jersey, Stratford, NJ
Inspira Medical Center Vineland, Vineland, NJ

Education

- 09/06 – 06/10 **Doctorate of Osteopathic Medicine**
Nova Southeastern University, College of Medicine, Fort Lauderdale, FL
- 09/03 – 05/05 **Master of Science in Biomedical Engineering**
University of Miami, College of Engineering, Coral Gables, FL
- 09/99 – 05/03 **Bachelor of Science in Biomedical Engineering**
University of Miami, College of Engineering, Coral Gables, FL

Faculty Appointments

- 07/18 – 06/2020 **Icahn School of Medicine at Mount Sinai, New York, NY**
Assistant Clinical Professor
Department of Rehabilitation and Human Performance
Mount Sinai Health System

Professional Experience

- 02/2020 – Current **Global Neuro & Spine Institute, Jensen Beach, FL**
Interventional Pain Management Physician
- 02/2018 – 02/2020 **Comprehensive Spine and Pain Center of New York, New York, NY**
Interventional Pain Management Physician
- 06/2017 – 02/2018 **Icon Medical Center, Miami, FL**
Interventional Pain Management Physician
- 07/2016 – 02/2018 **NCH Physicians Group, Naples, FL**
Interventional Pain Management Physician
- 11/2015 – 07/2016 **Mount Sinai Beth Israel Hospital, New York, NY**
PM&R Physician (*Moonlighted during fellowship*)
- 06/2014 – 07/2015 **MD Now Urgent Care Center, Miami, FL**
Urgent Care Physician (*Moonlighted during residency*)
- 06/2013 – 05/2014 **Physicians @ Home, Hollywood, FL**
Primary Care Physician (*Moonlighted during residency*)
- 09/2003 – 05/2005 **Max Biedermann Institute, Miami Beach, FL**
Biomedical Engineer
- 05/2001 – 07/2002 **Bascom Palmer Eye Institute, Miami, FL**
Biomedical Engineer

Peer-Reviewed Publications

Malik, A.S., Ladd, C.G., Cuevas-Trisan, R. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy.” *Journal of Osteopathic Physiatry*. 2016; 1(1): 14 – 16.

Malik, A.S., Cairns, K.D. “Percutaneous Rupture of a Symptomatic Facet Joint Synovial Cyst using 2-Needle Distention.” *Regional Anesthesia and Pain Medicine*. 2015; 40(5): 635 – 638.

Raj, N., **Malik, A.S.**, Waters, B. “A Rare Case of Erythromelalgia in a Young Male Patient.” *Interdisciplinary Journal of Microinflammation*. 2014; 1(107): 1 – 4.

Peer-Reviewed Abstracts

Malik, A.S., Ladd, C.G., Cuevas-Trisan, R., Diaz, J.J. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy: A Case Report.” *American Academy of Physical Medicine and Rehabilitation*, Boston, MA. October 1 – 4, 2015.

Peer-Reviewed Abstracts (Continued)

Miller, J., **Malik, A.S.**, Lavernia, C.J. “Periprosthetic Osteolysis of the Proximal Femur after Revision Total Hip Arthroplasty.” *Florida Medical Association David A. Paulus, M.D. Annual Symposium*, Orlando, FL. July 31 – August 2, 2015.

Malik, A.S., Ladd, C.G., Cuevas-Trisan, R., Diaz, J.J. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy.” *National Veterans Affairs Research Week*, West Palm Beach, FL. May 18 – 22, 2015.

Malik, A.S., Ladd, C.G., Cuevas-Trisan, R., Diaz, J.J. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Malik, A.S., Akinyemi, B., Nedd, K.J. “Heavy Metal Poisoning Misdiagnosed as Fibromyalgia.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Brennan, P.T., **Malik, A.S.**, Bush, D. “Post-Treatment Lyme Disease Syndrome: Time for Treatment Guidelines?” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Compas, J., **Malik, A.S.**, Abratt, L. “Traumatic Upper Trunk Brachial Plexopathy after High-Speed Motorcycle Accident.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Miller, J., **Malik, A.S.**, Lavernia, C.J. “Periprosthetic Osteolysis of the Proximal Femur after Revision Total Hip Arthroplasty.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Ritucci, S., **Malik, A.S.**, Diaz, J.J. “Atypical Presentation of an Acute Unilateral Pontine Infarction.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Malik, A.S., Cairns, K.D., Diaz, J.J. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique: A Case Report.” *American Academy of Physical Medicine and Rehabilitation*, San Diego, CA. November 13 – 16, 2014.

Mahajer, A., **Malik, A.S.**, Georgekutty, J., Romero, F., Diaz, J.J. “Lateral Inferior Geniculate Artery a Key Anatomic Landmark in Sonographic Evaluation of the Anterolateral Ligament of the Knee: A Case Report.” *American Academy of Physical Medicine and Rehabilitation*, San Diego, CA. November 13 – 16, 2014.

Brennan, P.T., **Malik, A.S.**, Bush, D. “Post-Treatment Lyme Disease Syndrome: Time for Treatment Guidelines?” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

Peer-Reviewed Abstracts (Continued)

Compas, J., **Malik, A.S.**, Abratt, L. “Traumatic Upper Trunk Brachial Plexopathy after High-Speed Motorcycle Accident.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

Miller, J., **Malik, A.S.**, Lavernia, C.J. “Periprosthetic Osteolysis of the Proximal Femur after Revision Total Hip Arthroplasty.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

Ritucci, S., **Malik, A.S.**, Diaz, J.J. “Atypical Presentation of an Acute Unilateral Pontine Infarction.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

Malik, A.S., Akinyemi, B., Nedd, K.J. “Chronic Mercury Poisoning Misdiagnosed as Fibromyalgia.” *Florida Medical Association David A. Paulus, M.D. Annual Symposium*, Orlando, FL. July 25 – 27, 2014.

Raj, N., **Malik A.S.**, Waters, B. “A Rare Case of Erythromelalgia in a Young Male Patient.” *Florida Medical Association David A. Paulus, M.D. Annual Symposium*, Orlando, FL. July 25 – 27, 2014.

Malik, A.S., Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *Florida Society of Interventional Pain Physicians*, Orlando, FL. May 16 – 18, 2014.

Malik, A.S., Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *American Osteopathic College of Physical Medicine & Rehabilitation*, Atlantic City, NJ. April 3-6, 2014.

Malik, A.S., Mahajer, A., Vargas, J.L., Diaz, J.J. “Rehabilitation after Osteotendinous Repair of Traumatic Bilateral Quadriceps Tendon Rupture.” *American Osteopathic College of Physical Medicine & Rehabilitation*, Atlantic City, NJ. April 3 – 6, 2014.

Malik, A.S., Georgekutty, J., Vargas, J.L., Diaz, J.J. “Vestibular Rehabilitation for Management of Vertigo in a Patient with Parkinson’s Disease: A Case Study.” *American Osteopathic College of Physical Medicine & Rehabilitation*, Atlantic City, NJ. April 3 – 6, 2014.

Malik, A.S., Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *American Academy of Pain Medicine*, Phoenix, AZ. March 6 – 9, 2014.

Malik, A.S., Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *Florida Osteopathic Medical Association*, Weston, FL. February 19 – 23, 2014.

Malik, A.S., Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 1, 2013.

Peer-Reviewed Abstracts (Continued)

Dy, C., Ouellette, E.A., **Malik, A.S.**, Makowski, A., Mohnani, D., Milne, E., Latta, L. “Biomechanics of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *Orthopedic Trauma Association*, Baltimore, MD. October 13 – 16, 2010.

Cuartas, E., Baria, D., **Malik, A.S.**, Shufflebarger, H., Milne, E., Latta, L. “Torsional Rigidity of Long Scoliotic Constructs: Hooks vs. Screws.” *American Academy of Orthopedic Surgeons*, New Orleans, LA. March 9 – 13, 2010.

Cuartas, E., Baria, D., **Malik, A.S.**, Shufflebarger, H., Milne, E., Latta, L. “Torsional Rigidity of Long Scoliotic Constructs: Hooks vs. Screws.” *Southern Biomedical Engineering Conference*, Miami, FL. May 15 – 17, 2009.

Cuartas, E., Baria, D., **Malik, A.S.**, Shufflebarger, H., Milne, E., Latta, L. “Torsional Rigidity of Long Scoliotic Constructs: Hooks vs. Screws.” *Orthopedic Research Society*, Las Vegas, NV. February 22 – 25, 2009.

Dy, C., Ouellette, E. A., **Malik, A.S.**, Makowski, A., Mohnani, D., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *Orthopedic Research Society*, San Francisco, CA. March 2 – 5, 2008.

Dy, C., Ouellette, E.A., **Malik, A.S.**, Makowski, A-L., Mohnani, D., Diaz, V., Herndon, E., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *Florida Orthopedic Society*, Orlando, FL. May 18, 2007.

Dy, C., Ouellette, E. A., **Malik, A.S.**, Mohnani, D., Diaz, V., Herndon, E., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *American Academy of Orthopedic Surgeons*, San Diego, CA. February 14 – 18, 2007.

Dy, C., Ouellette, E. A., **Malik, A.S.**, Diaz, V., Herndon, E., Makowski, A., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *American Association for Hand Surgery*, San Juan, Puerto Rico, January 10 – 13, 2007.

Ad-Hoc Journal Article Reviewer

- American Journal of Physical Medicine and Rehabilitation (AJPM&R)
- PM&R Journal (PM&R)

Lectures and Podium Presentations

07/19	<i>Stem Cell Therapy</i> (Metro Physical and Aquatic Therapy)
11/16	<i>Radiculopathies – Role of Electrodiagnostics</i> (Nova Southeastern University)
09/16	<i>Role of Platelet-Rich Plasma in Sports Injuries</i> (Naples Community Hospital)
06/16	<i>Diagnosis and Management of Scoliosis</i> (Mount Sinai Spine Center)
05/16	<i>Neuromodulation – Spinal Cord Stimulation</i> (Mount Sinai Spine Center)

Lectures and Podium Presentations (Continued)

03/16	<i>Vertebral Body Augmentation</i> (Mount Sinai Spine Center)
03/16	<i>Anti-Coagulation: Current Spine Recommendations</i> (Mount Sinai Spine Center)
02/16	<i>Intradiscal Stem Cell Therapy for Discogenic Pain</i> (Mount Sinai Spine Center)
01/16	<i>Anatomy of the Cervical Intervertebral Disc</i> (Mount Sinai Spine Center)
01/16	<i>Radiofrequency Neurotomy for Cervical Facet Disease</i> (Mount Sinai Spine Center)
12/15	<i>Sacroiliac and Facet Joint Intra-articular Injections</i> (Mount Sinai Spine Center)
11/15	<i>Cervical Interlaminar and Transforaminal Injections</i> (Mount Sinai Spine Center)
11/15	<i>Injectable Steroids: Particulate vs. Non-Particulate</i> (Mount Sinai Spine Center)
09/15	<i>Radiographic Anatomy of the Spine</i> (Mount Sinai Spine Center)
11/14	<i>Electrodiagnostic Evaluation of Cervical Radiculopathy</i> (WPB VA Medical Center)
07/14	<i>Heavy Metal Poisoning Misdiagnosed as Fibromyalgia</i> (Florida Medical Assoc.)
06/14	<i>Computer Assistive Devices in Rehabilitation</i> (Larkin Community Hospital)
05/14	<i>Diagnosis and Management of Cervical Radiculopathy</i> (OSS Orthopedic Hospital)
04/14	<i>Occupational Rehabilitation</i> (Nova Southeastern University)
02/14	<i>Late Responses in Nerve Conduction Studies</i> (West Gables Rehab Hospital)
01/14	<i>Overview of Guillain-Barre Syndrome</i> (West Gables Rehab Hospital)
01/14	<i>Spinal Orthoses: Principles and Applications</i> (Larkin Community Hospital)
01/13	<i>Traumatic Brain Injury</i> (West Gables Rehab Hospital)

Awards and Achievements

07/15	<i>Chief Resident of PM&R Residency Program</i> Nova Southeastern University, Larkin Community Hospital
04/15	<i>Third-Place Scientific Poster</i> American Osteopathic College of PM&R Mid-Year Meeting
07/14	<i>First-Place Case Report</i> Florida Medical Association, David A. Paulus M.D. Annual Symposium
05/14	<i>First-Place Scientific Poster</i> Florida Society of Interventional Pain Physicians Annual Meeting

Examinations

10/17	AOBPMR Oral Exam: Pass
03/17	AOBPMR Written Exam: Pass
06/11	USMLE Step 2 CK: Pass (251/99)
12/10	USMLE Step 1: Pass (238/99)
05/12	COMLEX Level 3: Pass
02/10	COMLEX Level 2 CE: Pass
06/08	COMLEX Level 1: Pass

Professional Memberships

2020 – Present	American Medical Association (AMA)
2015 – Present	Spine Intervention Society (SIS)
2014 – Present	American Academy of Physical Medicine and Rehabilitation (AAPMR)
2012 – Present	American Osteopathic College of Physical Medicine & Rehab (AOCPMR)
2006 – Present	American Osteopathic Association (AOA)

Certifications and Licensure

2018 – Present	Board Certified AOBPMR (Expires: 12/31/2027)
2015 – Present	New York Medical License (Expires: 11/30/2021)
2014 – Present	DOT Certified Medical Examiner
2014 – Present	Dispensing Practitioner Qualification
2013 – Present	DEA Controlled Substance Registration (Expires: 1/31/2022)
2013 – Present	Florida Medical License (Expires: 3/30/2022)
2007 – Present	ACLS/BLS Provider (Expires: 7/11/2021)

Patient Reviews

Healthgrades:



Zocdoc:

